THE PSYC MAJOR CHANGE WORKSHOP
Why PSYC?
WHY PSYC?

PSYC has a highly flexible curriculum that you can tailor to your unique passions.

PSYC offers countless experiential opportunities like labs and internships.

The PSYC Department emphasizes inclusion, social justice, and faculty-student mentorship.
POPULAR COURSES

PSYC318D: Community Interventions: Domestic Violence

PSYC302: Fundamentals of Learning and Behavior

PSYC433: Helping Skills
PROGRAM OVERVIEW
PSYC Limited Enrollment Program

- To learn more about PSYC as an LEP, click here
- Very large major – over 1200 students enrolled (3rd largest on campus!)
- Not a competitive process
- Students must fulfill certain gateway course requirements within their first 45 credits as a PSYC major (not including AP/IB credits)
- Students must maintain a cumulative GPA of at least 2.00
- Students must earn a C- or higher in all major coursework
- Students may only apply to the major ONCE – if you drop PSYC, you cannot re-apply
MAJOR REQUIREMENTS: GATEWAYS

Gateway Courses

- PSYC100 w B- or higher (or 4/5 on PSYCH AP)
- BSCI170/171 (or 4/5 BIO AP)
- Math120 or 140 (or 4/5 Calc 1 AP)

Gateway Courses are courses that you must take in order to add the PSYC major.

You must earn at least B- and a C- in either your MATH or BSCI courses and you can only retake 1 course 1 time.
MAJOR REQUIREMENTS: FOUNDATION COURSES

Foundation Courses

- PSYC100 – Introduction to Psychology
- PSYC200 – Statistical Methods in Psychology
- PSYC300 – Research Methods in Psychology

PSYC200 must be taken before PSYC300. We recommend taking both as soon as possible because they are prerequisites for upper PSYC courses.
MAJOR REQUIREMENTS: THEMATIC COURSES

2 courses must be taken in each theme for a total of 6 courses

Thematic Courses - 2 courses must be taken in each theme
- Theme I - Mind, Brain, & Behavior
- Theme II - Mental Health & Interventions
- Theme III - Social, Developmental, and Organizational Studies
MAJOR REQUIREMENTS: UPPER LEVEL COURSES

400-Level Courses
- One 400-level Lab
- Two 400-level Non-labs

These courses can be taken from any theme as long as you have the prerequisites.
MAJOR REQUIREMENTS

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11 PSYC CLASSES & 35 CREDITS IN PSYC
PROFESSIONAL TRAINING COURSES

We want our PSYC students to have the skills and knowledge necessary to succeed in the workforce. We offer classes specifically geared toward professional development.

- PSYC111 – Unethical Conduct
- PSYC123 – Getting Hired
- PSYC303 – Professional Development
- PSYC389 – Experiential Learning (Internship Credit)
Bachelor of Arts

- The standard degree we offer to all PSYC students who finish their GenEd and PSYC requirements.

Bachelor of Science

- Given to students who complete all PSYC and GenEd requirements, plus 3 additional advanced math or science courses (1 of which must be a lab course).
- Check with advising to see which courses count toward the BS.
DOUBLE MAJOR

Great option if you’re interested in majors other than PSYC!

Popular Double Majors:
- Criminal Justice
- Biology
- Business
- Education

You can double major in any two programs that you want and/or add on a minor!

See PSYC Advisor for more information!
There is a Neuroscience minor that any student in any major can add if they have the appropriate entrance requirements:

- Completed 30+ college credits and 15+ credits at UMD
- Completed PSYC301, BSCI170/171, CHEM131/132 or have AP equivalents
- Be in good academic standing
- Access the website here
REGISTRATION

A few things to remember about registration once you are a PSYC Terp:

- Your registration date and time will appear on Testudo. We encourage you to register on your exact date and time to ensure you get the classes you want.
- Know the difference between Waitlists and Holdfiles
  - Waitlists are the lists PSYC majors are placed on when a class is full.
  - Holdfiles are the lists non-PSYC majors are placed on when they want to get a seat in a PSYC class.
- As a PSYC major, you are given priority seating over non-PSYC majors (students only get off a Holdfile and into a class after every PSYC major has gotten off the Waitlist).
REGISTRATION CONT.

- PSYC majors can register for a maximum of 3 PSYC classes per semester.
- You **MUST** have the prerequisites in order to sign up for a class. Even though Testudo does not stop you from registering for that class if you don't have the prerequisites, our advisors will not allow you to stay in the class.
- For info on your degree requirements, the courses you have already taken, the grades you have gotten in those classes, your cumulative and PSYC GPA, and more, click the Degree Audit tab on the Testudo homepage.
MORE OPPORTUNITIES

Research Assistantships
Teaching Assistantships
Internships
Psychology Honors Program
Independent Study
Psi Chi Honors Society
Study Abroad
Multicultural Association of Psychology Students
MORE OPPORTUNITIES: RESEARCH ASSISTANTSHIPS

- This means working in a psychology-related research lab
- You would engage in tasks like:
  - gathering data
  - working with participants
  - helping with statistical analysis
- This helps you to understand what goes on behind the scenes in Psychology

Working in a lab is never required, but you can earn course credit if you choose to! Click here for more info about PSYC479
MORE OPPORTUNITIES: TEACHING ASSISTANTSHIPS

- Responsibilities working as a Teaching Assistant include:
  - Grading exams and assignments
  - Leading a discussion section
  - Preparing course material
- You should have already taken the class a previous semester and received an A- or higher

You can also earn credit for being a Teaching Assistant! Click here to learn more about PSYC478!
MORE OPPORTUNITIES: INTERNSHIPS

Expand your interests by working at an internship on- or off-campus, including:

- Counseling centers
- Medical Sites
- School Settings
- Nonprofits

See our advisor Steve Young for more info!

You can also earn credit for having an internship! Click here to learn more about PSYC389!
MORE OPPORTUNITIES: PSYC HONORS PROGRAM

- Participate in hands-on research that allows you to not only enroll in Honors Seminars but also conduct your own research, create your own thesis, and gather your own data while you work alongside a faculty mentor.
- This program can help to make you a competitive applicant for graduate programs in psychology and research-heavy occupations.
- This is also a great opportunity to strengthen a professional relationship with a professor!

The Honors Program in Psychology is a rigorous and rewarding program. Click [here](#) to learn more about the application process.
MORE OPPORTUNITIES: PSI CHI HONOR SOCIETY

Psi Chi involves a non-competitive application process. Click here to learn more!

- Join Psi Chi and stay connected in the Department of Psychology by attending Psi Chi meetings, which include:
  - lectures by PSYC professors
  - internship information
  - volunteer opportunities
  - grad student panels
  - and more!
MORE OPPORTUNITIES: MAPS

- The Multicultural Association for Psychology Students's (MAPS) mission is to provide opportunities to address what PSYC students feel are lacking as part of the undergrad experience.
- "Multiculturalism" addresses any underrepresented groups/interests in psychology, whether based on your personal interests, lack of cultural unity, or topics that address your graduating class.
- MAPS often facilitates events centered around improving the multiculturalism and inclusion within the PSYC major.

Learn more about MAPS by clicking here!
MORE OPPORTUNITIES

Volunteer
Alternative spring break
Tutoring & language services
Student groups
Study Abroad
Mental health facilities
EVENTS

- Welcome to PSYC Day!
- PSYC Undergraduate Research Day
- Career Exploration Night
- PSYC CommUnity Town Hall
- End-of-the-year Celebrations
NEXT STEPS

• Check your progress in declaring the major by using this checklist
• If you've already completed your Application to the Major, complete an Academic Planning Workshop through BSOS
CONNECT WITH US!

@umdpsyc
UMD Department of Psychology
@psycumdc

And don't forget the awesome PSYC Blog!
http://umdpsyc.blogspot.com
GOOD LUCK!