

# YEVGENY BOTANOV

Curriculum Vitae | August 2023

University of Maryland, College Park  
ybotanov@umd.edu

## CURRENT APPOINTMENT

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**Assistant Clinical Professor & Assistant Director of Clinical Training,** 2023 -  
Department of Psychology, University of Maryland, College Park

## PREVIOUS APPOINTMENTS

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**Assistant Professor,** Pennsylvania State University - York 2018 - 2023

**Assistant Professor,** Department of Psychology, Millersville University 2016 - 2018

**Training Consultant,** Behavioral Tech, LLC, Seattle, WA 2016 - 2020

**Research Fellow,** Department of Psychology, BRTC, University of Washington 2014 – 2016

**Postdoctoral Fellow,** Behavioral Tech, LLC, Seattle, WA 2014 - 2016

## EDUCATION & TRAINING

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**PhD,** Clinical Psychology, University of Kansas 2014

**Predoctoral Intern,** Northwestern University Feinberg School of Medicine 2014

**MA,** Clinical Psychology, University of Kansas 2011

**MA,** Developmental Psychology, Columbia University Teachers College 2005

**BA,** Psychology, Stony Brook University 2004

## LICENSURE

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Maryland Licensed Psychologist | license number 06179 (active)

Washington Licensed Psychologist | license number PY 60618733 (inactive)

## PUBLICATIONS (#indicates shared 1<sup>st</sup> authorship; \*indicates student mentee)

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*Peer Reviewed Journal Articles* (Web of Science citation count)

**Botanov, Y.,** Bertagnolli, A., Cooper, L. D., McClain, T., & Washburn, J. J. (in press), Scientific competence and health service psychology master's training: An outline for an applied methodology course. *Training and Education in Professional Psychology*.

Sakaluk, J. K., De Santis, C., Kilshaw, R., Pittelkow, M.-M., Brandes, C., Boness, C., **Botanov, Y.,** Lorenzo-Luaces, L., Schleider, J., Wendt, D. C., Williams, A. J., & van Ravenzwaaij, D. (2023). Reconsidering what makes syntheses of psychological intervention studies useful. *Nature Reviews Psychology*, 1-15.

Williams, A. J., **Botanov, Y.**, Giovanetti, A. K., Perko, V. L., Sutherland, C. L., Youngren, W., & Sakaluk, J. K. (2022). A metascientific review of the evidential value of Acceptance and Commitment Therapy for depression. *Behavior Therapy*.

**Botanov, Y.**, Cooper, L. D., Bertagnolli, & Washburn, J. J. (2022). Methods of assessing scientific competency in Health Service Psychology master's programs. *Training and Education in Professional Psychology*, 16(2), 173-181.

Hughes, A. J., **Botanov, Y.**,# & Beier, M. (2022). Dialectical behavior therapy skills training for individuals with multiple sclerosis and their support partners: A pilot randomized controlled trial. *Multiple Sclerosis and Related Disorders*, 103481.

Sakaluk, J. K., Williams, A. J., & **Botanov, Y.** (2021). Prioritization, evaluation, and promotion of replicability for clinical psychology research: A commentary on Pittelkow et al. (2021). *Clinical Psychology: Science and Practice*, 28(2), 222-225.

Williams, A., **Botanov, Y.**, Kilshaw, R. E., Wong, R. E., & Sakaluk, J. K. (2021). Potentially harmful therapies: A meta-scientific review of evidential value. *Clinical Psychology: Science and Practice*, 28(1), 5-18. Cited by (8)

Chugani, C., Mitchell, M., **Botanov, Y.** & Linehan, M. M. (2017). Development and initial evaluation of the psychometric properties of the Dialectical Behavior Therapy Barriers to Implementation Scale (BTI-S). *Journal of Clinical Psychology*, 73(12), 1704–1716. Cited by (1)

**Botanov, Y.** & DuBose, A. P. (2016). Dialectical behavior therapy: Examination of its evolution and global need. *Hellenic Journal of Cognitive Behavioral Research and Therapy*, 2(1), 5-10.

**Botanov, Y.** & Ilardi, S. S. (2013). The acute side effects of bright light therapy: A placebo-controlled investigation. *PLOS ONE*, 8(9): e75893. Cited by (16)

Rubin, D., **Botanov, Y.**, Hajcak, G., & Mujica-Parodi, L.R. (2012). Second-Hand stress: Inhalation of stress sweat enhances neural response to neutral faces. *Social Cognitive & Affective Neuroscience*, 7(2), 208-212. Cited by (47)

Mujica-Parodi, L. R., Strey, H. H., Frederick, B., Savoy, R., Cox, D., **Botanov, Y.**, Tolkunov, D., ...Weber, J. (2009). Chemosensory cues to conspecific emotional stress activate amygdala in humans. *PLOS ONE*, 4(7): e6415. Cited by (144)

#### *Book Chapters*

**Botanov, Y.**, Williams, A. J., Sakaluk, J. K., & Kilshaw, R. E. (2023). Harmful mental health interventions. In Stea, J. N., & Hupp, S. (Eds.), *Investigating clinical psychology: Pseudoscience, fringe science, and controversies*. Routledge.

DuBose, A. P., **Botanov, Y.**, Navarro-Haro, M., & Linehan, M. (2019). Evidence-based training: The intensive model of training in dialectical behavior therapy. In M. Swales (Ed.), *The Oxford Handbook of Dialectical Behaviour Therapy*. Oxford University Press.

DuBose, A. P., **Botanov, Y.**, & Ivanoff, A. (2019). International implementation of dialectical behavior therapy: The challenge of training therapists across cultures. In M. Swales (Ed), *The Oxford Handbook of Dialectical Behavior Therapy*. Oxford University Press.

**Botanov, Y.** Zeller, G.,\* & Deckert., K.\* (2015). Differences in devices, light spectrum, illuminance, and duration: Examining adverse effects of light therapy. In A. M. Columbus (Ed). *Advances in Psychology Research. Volume 112*, Hauppauge, NY: Nova Publishers.

#### *Other Peer Reviewed Publications*

Cooper, L. D., Bertagnolli, A., **Botanov, Y.**, Jun, J. J., Valenstein-Mah, H., Washburn, J. J., & Teisler, D. (2020). Training competencies for master's programs in Health Service Psychology. *the Behavior Therapist*, 43(4), 118-126.

**Botanov, Y.** & Wilks, C. R. (2016). Dialectical behavior therapy for substance use disorders: A primer. *The Carlat Report: Addiction Treatment*, 4(6), 1-6.

**Botanov, Y.**, Kikuta, B., Chen, T., Navarro-Haro, M., DuBose, A. P., Korslund, K. E., & Linehan, M. M. (2016). Attitudes toward evidence-based practices across therapeutic orientations. Proceedings of the 3rd Biennial Conference of the Society for Implementation Research Collaboration (SIRC) 2015: advancing efficient methodologies through community partnerships and team science. *Implementation Science*, 11(Suppl 1): A37.

Harned, M. S. & **Botanov, Y.** (2016). Dialectical behavior therapy skills training is an effective intervention. *Psychiatric Times*, 33 (3), 13-14.

Fowler, C., Williams, C., **Botanov, Y.**, & Ilardi, S. S. (2015). Better adherence, better outcome: Adherence to the Therapeutic Lifestyle Change protocol is associated with magnitude of reduction in depressive symptomatology. *KU Journal of Undergraduate Research*, 7, 52-55.

#### *Non-Refereed*

**Botanov, Y.** & Hughes, A. J. (2023). Multiple sclerosis and support partners: DBT as a transdiagnostic intervention for reducing depression and anxiety symptoms. *DBT Bulletin*, 7(1), 13-15.

**Botanov, Y.**, Williams, A. J., & Sakaluk, J. K. (2022, May). Bad Therapy. *Aeon*.

Sakaluk, J. K., Williams, A. J., & **Botanov, Y.** (2021, September). Some psychological interventions are more harmful than helpful. *Scientific American*.

<https://www.scientificamerican.com/article/some-psychological-interventions-are-more-harmful-than-helpful/>

**Botanov, Y.** (Fall, 2013). The Psychological Clinical Science Accreditation System (PCSAS): A response to a growing divergence in clinical psychology training. *Clinical Science (SSCP Newsletter)*, 16(3), 18-20.

Mujica-Parodi, L. R., Strey, H. H., Frederick, B., Savoy, R., Cox, D., **Botanov, Y.**, Tolkunov, D., ...Weber, J. (2008). Second-hand stress: Neurobiological evidence for a human alarm pheromone. *Available from Nature Precedings*  
<http://hdl.handle.net/10101/npre.2008.2561.1>

#### *Other Digital Public Output*

Dubose, A. P. & **Botanov, Y.** (September 2019). A call to action: The need to increase access to treatment. Blog post for Behavioral Tech/Linehan Institute.  
<https://behavioraltech.org/the-need-to-increase-dbt-treatment/>

**Botanov, Y.** (May 2016). DBT and mental healthcare costs. Blog post for Behavioral Tech/Linehan Institute. <https://behavioraltech.org/dbt-mental-healthcare-costs/>

**Botanov, Y.** (April 2015). The link between omega-3 and depression. Invited blog post for FindAPsychologist.com a service of the National Register of Health Service Psychologists. <https://www.findapsychologist.org/the-link-between-omega-3-and-depression-by-yevgeny-botanov/>

## **GRANT FUNDING**

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### *Submitted*

Synthesizing and Sharing Evidence of Impact, Consistency, Credibility and Inclusivity of Psychological Interventions for Sexual Dysfunction - Canadian Institutes of Health Research – Co-I (\$525,000). 2023

### *Funded*

Dialectical Behavior Therapy Skills for Caretakers of Individuals with Multiple Sclerosis - National Multiple Sclerosis Society Research Pilot Grant – Co-PI – (\$44,000). 2018

Faculty Release-Time Grant – Millersville University – support to faculty by reducing their teaching load to allow additional time to devote towards research. 2018

### *Unfunded*

Partnered Emotion Regulation Skills Intervention and Supportive Teaching (PERSIST): A Remotely Delivered Program for People with MS and Their Support Partners – U.S. Department of Defense – Co-PI (\$1,344,893). 2021

## **AWARDS/HONORS**

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Millersville University Faculty Travel Award – award for scholarly presentation 2017 & 2016

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| <u>National Psychologist Trainee Register Credentialing Scholarship</u> - award covering credentials banking and registration fees for the National Register Health Service Psychologist   | 2014 |
| <u>KU One-University Open Access Fund</u> - award for scholarly activities and to offset submission costs to a peer reviewed journal   | 2013 |
| <u>KU Graduate Scholarly Presentation Travel Award</u> - award for scholarly presentation  | 2012 |
| <u>Student Travel Award for the 23<sup>rd</sup> Annual Meeting of the Society for Light Treatments and Biological Rhythms</u> - award for scholarly presentation                           | 2011 |
| <u>David Schulman Award for Excellence in Clinical Psychology</u> - oldest program award, voted by clinical program faculty for distinguished academic, clinical, and research achievement | 2011 |
| <u>Beatrice A. Wright Scholarship</u> - program award for scholarly activities and tuition funding   | 2009 |

## **COURSES TAUGHT**

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### **Undergraduate**

|                                  |                                |
|----------------------------------|--------------------------------|
| Introductory Abnormal Psychology | Statistics for Psychology      |
| Advanced Abnormal Psychology     | Research Methods in Psychology |
| Clinical Psychology              | Psychology Capstone            |
| Child Development                | Introductory Psychology        |
| Evolutionary Psychology          | Health Psychology              |
| Neurological Basis of Behavior   |                                |

### **Graduate**

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|--------------------------------|---------------------------------------|
| Cognitive Behavioral Therapies | Psychotherapy and Intervention Skills |
| Personality Assessment         |                                       |

## **CLINICAL EXPERIENCE**

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|   |          |
|---|----------|
| Study Therapist, <i>Johns Hopkins Medical Center, Baltimore, MD</i>         | 1/2020 - |
| - Led DBT skills groups for pilot RCT                                       | 12/2020  |
| Postdoctoral Therapist, <i>Training Development Clinic, Seattle, WA</i>     | 8/2014 - |
| - DBT individual therapist, DBT group skills trainer, DBT consultation team | 8/2016   |
| Predocotoral Intern, <i>Stone Mental Health Center, Chicago, IL</i>         | 7/2013 - |
| - Individual & group therapy, safety net setting, SMI population            | 6/2014   |
| Graduate Student Clinician, <i>KU Psychological Clinic, Lawrence, KS</i>    | 7/2009 - |
| - Individual and group therapy  | 5/2013   |
| Student Clinic Coordinator, <i>KU Psychological Clinic, Lawrence, KS</i>    | 5/2011 - |
| - Oversaw daily operation of training clinic                                | 5/2012   |
| Co-Leader Group Therapy, <i>TLC-D Project, Lawrence, KS</i>                 | 8/2008 - |
| - Group therapist for RCT   | 6/2011   |
| Junior/Peer Supervisor, <i>KU Psychological Clinic, Lawrence, KS</i>        | 6/2011 - |
| - Supervision practicum   | 5/2012   |
| Screener/Intake Counselor, <i>KU Psychological Clinic, Lawrence, KS</i>     | 1/2009 - |
|   | 5/2011   |

## **PROFESSIONAL TRAININGS & INVITED PRESENTATIONS**

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- Botanov, Y.** (April 2023). Dialectical Behavior Therapy skills training in rehabilitation populations. Didactic for Rehabilitation Training Program at Johns Hopkins Medical School, Baltimore, MD.
- Botanov, Y.** (December 2019). Mental health treatments: Everything you always wanted to know but were too afraid to ask. Invited talk for Faculty Colloquia Series at Penn State York. York, PA.
- Williams, A. J., **Botanov, Y.**, & Rhyner, K. T. (June 2019). The replication crisis and psychotherapy: How should clinicians react? Invited talk for Clinical Psychology Program's 70<sup>th</sup> Anniversary, University of Kansas, Lawrence, KS.
- Botanov, Y.** (March 2014). Lifestyle change to treat depression: Testing the environmental mismatch theory. Psychiatry Grand Rounds, Feinberg School of Medicine, Northwestern University, Chicago, IL.
- Ilardi, S. S. & **Botanov, Y.** (March 2012). Therapeutic Lifestyle Change for Depression. Six-hour training, Pathstone Mental Health Center. Thorold, ON, Canada.
- Ilardi, S. S., **Botanov, Y.**, & Williams, C. (December 2010). Therapeutic Lifestyle Change for Depression. Visiting Professor in Psychology 6-hour CE training, Pozez Education Center, Topeka, KS.
- Botanov, Y.** (September 2010). Recent developments in the prescription privileges debate. Clinical Psychology Program Proseminar, University of Kansas, Lawrence, KS.
- Ilardi, S. S., **Botanov, Y.**, Stroupe, N., Williams, C., & Keil, K. (August 2010). Therapeutic Lifestyle Change for Depression. Total Health Psychology, Kansas City, KS.
- Kirk, S. & **Botanov, Y.** (April 2010). Applications of Motivational Interviewing: Putting theory into practice. Psychiatry Grand Rounds 1-hour CE training, University of Kansas Medical Center, Kansas City, KS.

## **CONFERENCE PRESENTATIONS** (\*indicates undergraduate mentee)

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- Botanov, Y.**, Opelt, B. L., & Hughes, A. J. (November 2022). Telehealth DBT skills training for individuals with multiple sclerosis and their support partners: Efficacy, feasibility, and satisfaction data from a pilot RCT. Oral presentation at the annual International Society for the Improvement and Teaching of Dialectical Behavior Therapy conference. New York, NY.
- Botanov, Y.**, Cooper, L. D., Bertagnolli, A. & Washburn, J. J. (November 2022). Preparing the next generation of frontline mental health therapists: Assessment and teaching of scientific competence for master's-level health service psychology students. Panel conducted at the annual meeting of Association for Behavioral and Cognitive Therapies, New York, NY.
- Botanov, Y.** (Chair), Kilshaw, R., Sakaluk, J. K., Pittelkow, M-M., Brandes, C. & Williams, A. (May 2022). Reassess, rethink, and reorganize: Testing the evidential value of mental health interventions and disseminating new principles for evidence in clinical science. Symposium for 2022 Annual Convention of the Association for Psychological Science. Chicago, IL.
- Hughes, A. J. & **Botanov, Y.** (February 2022). Dialectical behavior therapy skills training for individuals with multiple sclerosis and their support partners: A pilot randomized

- controlled trial. Oral presentation for the 24th Annual Rehabilitation Conference, remote meeting.
- Botanov, Y.** (Chair), Kilsahw, R., Rizvi, S., Sakaluk, J. K., Ward-Ciesielski, E., & Williams, A. (November 2021). Championing the science of CBT: Identifying which treatments work and which treatments harm. Symposium conducted at the annual meeting of Association for Behavioral and Cognitive Therapies, remote meeting.
- Adams, L. M., **Botanov, Y.**, Sung, C., Klassen, B., & Hughes, A. J. (Chair). (August 2019). ECP Perspectives in Achieving Tenure and Promotion Across Professional Settings. Symposium conducted at 127th annual American Psychological Association Convention, August, Chicago, IL.
- Botanov, Y.** (Panel Moderator/Organizer), Ivanoff, A. M., Swales, M., Gagliesi, P., Budak, M., & Abdelkarim, A. (October 2016). DBT clinical outcomes from implementation efforts across the globe. Panel discussion at Association of Cognitive and Behavioral Therapies in New York, NY.
- Botanov, Y.**, DuBose, A. P., Korslund, K. E., Ivanoff, A. M., & Kikuta, B., Linehan, M. M. (October 2016). Implementing dialectical behavior therapy: The relationship between therapeutic orientation, burnout, and attitudes. Poster presented at The Dissemination and Implementation Science SIG of ABCT in New York, NY.
- Linehan, M. M., McCauley, E. A., Berk, M., Asarnow, J., Korslund, K., Adrian, M., Avina, C., **Botanov, Y.** (October 2016). Dialectical Behavior Therapy Compared to Supportive Treatment: A Randomized Controlled Trial for Adolescents at High Risk for Suicide. In M. C. Adrian and M. Berk (Chairs), New outcome data on treatments for suicidal adolescents. Symposium conducted at the annual meeting of Association for Behavioral and Cognitive Therapies, New York, NY
- Botanov, Y.**, Millichek, J.,\* Summers, C.,\* & Fearey, E.\* (2015). Mental healthcare cost reductions with dialectical behavior therapy: A systematic review. Poster presented at Association of Cognitive and Behavioral Therapies in Chicago, IL.
- Wilks, C. R., **Botanov, Y.**, Shaver, J., & Linehan, M. M. (2015) Alcohol and suicidal behavior: Examining interpersonal antecedents and impulsivity among individuals with borderline personality disorder. Poster presented at Association of Cognitive and Behavioral Therapies in Chicago, Illinois.
- Botanov, Y.**, Millichek, J.,\* Summers, C.,\* & Fearey, E.\* (2015). A systematic review of the cost-effectiveness of dialectical behavior therapy. Oral presentation at the annual meeting of the Strategic Planning Meeting for DBT. Seattle, WA.
- Botanov, Y.**, Chen, T., \* Navarro-Haro, DuBose, A., Korslund, K. E., Ivanoff, A., Linehan, M. M. (2015). Attitudes toward evidence-based practices across therapeutic approaches. Poster presentation at the 3<sup>rd</sup> annual conference of the Society for Implementation Research Collaboration. Seattle, WA.
- Deckert., K.,\* Zeller, G.,\* & **Botanov, Y.** (2015). Higher intensity light therapy: examining side effects in a healthy sample. Poster presentation at the annual conference of the Association for Psychological Science, New York, NY.
- Zeller, G.,\* Deckert., K.,\* & **Botanov, Y.** (2015). Serotonergic effects of bright light on social affiliation. Poster presentation at the annual Midwestern Psychological Association meeting. Chicago, IL.
- DuBose, A. P. & **Botanov, Y.** (October 2014). Training in suicide interventions in response to public health initiatives. Third International Congress on Borderline Personality Disorder

- and Allied Disorders for the Suicide Risk Assessment & Management: Arguing for Evidence-Based Training Across Disciplines. Rome, Italy.
- Botanov, Y. & Deckert, K.\*** (2014). Bright light exposure increases desire to affiliate during stress: Preliminary data. Poster Presentation at the annual Northwestern University Scholars Day. Chicago, IL.
- Botanov, Y.** (2014). Psychological Clinical Science Accreditation System: Training outcomes of member programs. Poster presentation at the annual Midwestern Psychological Association meeting. Chicago, IL
- Kitson, T. J.\* & **Botanov, Y.** (2014). Patients prefer oral acne prescribers to psychotropic medication prescribers. Poster presentation at annual Midwestern Psychological Association meeting. Chicago, IL.
- Botanov, Y., Brown, C. E.\***, & **Beauchamp, M. T.\*** (2012). Short-term light therapy reduces depression symptoms: Meta-analytic evidence from randomized controlled data. Poster presentation at the annual Greater Kansas City Psychological Association Fall Conference. Olathe, Kansas.
- Scheller, V. K., **Botanov, Y.**, Keil, K., Williams, C. L., & Ilardi, S. S. (2012). Antidepressant status does not affect outcomes of a lifestyle-based intervention: Preliminary results from the Therapeutic Lifestyle Change Project. Poster presentation at the annual conference of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
- Botanov, Y., Keil, K. M., Ilardi, S. S., Scheller, V. K., Sharp, K. L., & Williams, C. L.** (2012). Successful treatment of depression via Therapeutic Lifestyle Change: Preliminary controlled-trial results. Poster presentation at the annual conference of the Association for Psychological Science. Chicago, IL.
- Botanov, Y.** (2011). Acute mood effects of bright light therapy in a non-clinical sample: Preliminary findings. Poster presentation at the annual Greater Kansas City Psychological Association Fall Conference. Olathe, Kansas.
- Botanov, Y., Ilardi, S. S., Brown, C. E.\***, & **Beauchamp, M. T.\*** (2011). Examining the acute side effects of bright light therapy in a non-depressed population. Poster presentation at the 23<sup>rd</sup> Annual Meeting of the Society for Light Treatment and Biological Rhythms, Montreal, QC, Canada.
- Pressman, S. D., Gillath, O., Black, L., **Botanov, Y.**, Moskovitz, J., & Stetler, D. (2011). Oxytocin receptor polymorphism and the cardiovascular stress response. Oral paper presentation at the Annual Meeting of the American Psychosomatic Society, San Antonio, Texas.
- Mujica-Parodi, L. R., **Botanov, Y.**, Rubin, D., Hajcak, G., Tolkunov, Frederick, B., Savoy, R., Cox, D. (2010). Chemosensory cues to conspecific emotional stress activate amygdala in humans. Poster presentation at the 16<sup>th</sup> annual conference of the Organization of Human Brain Mapping, Barcelona, Spain.
- Botanov, Y.** (2005). Cognitive representations of attachment within the process of resilience. Oral presentation at the Teachers College Graduate Student Conference, New York, NY.
- Botanov, Y., Waters, H. S., Waters, E., Cuva, S., & Corcoran, D.** (2004). Narrative assessment of attachment and mothers as observers. Oral presentation at the Psi Chi Research Conference, Stony Brook, NY.

## PROFESSIONAL SERVICE

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- Member of SSCP Science in Practice Committee (2022-)



- Member of Coalition for the Advancement & Application of Psychological Science (2021-)
- Member of ABCT's Academic Training & Education Standards Committee (2018-)
  - Chair of subcommittee for master's-level training (2020-)
- Chair of SSCP External Boards and Awards Committee (2019-2022)
- American Psychological Association PsycShorts Reviewer (2019)
- Member of SSCP Outstanding Student Diversity Research Award Committee (2018)

## **UNIVERSITY SERVICE**

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- Secretary for PSU-York Campus Senate (2022-2023)
- Member of PSU-York Cultural Diversity and Enrichment Committee (2019-2023)
  - Chair of committee (2020-2022)
- Member of PSU-York Honors Program Committee (2021-2022)
- Social/Behavioral Sciences and Information Sciences and Technology Academic Unit (2019-2020)
- Member of PSU-York Professional and Teaching Development Grants Committee (2018-2019)
- Member of Millersville University IRB Committee (2017-2018)
- Member of Millersville University Psychology Clinic Technology Improvement Committee (2016-2018)
- Member of Millersville University Psychology Undergraduate Committee (2016-2018)
- Member of Millersville University Psychology Graduate Committee (2016-2018)
- Member of Think Tank group that provided ideas for *Struggling Together: Stakeholder Collaboration to Address the Internship Crisis*. Panel discussion at the 122nd Annual Convention of the American Psychological Association, Washington, DC. (2014)
- CUDCP Student Representative to the Board of Directors (2011-2012)
- Clinical graduate student representative to Psychology Department (2009-2011)
- Graduate student representative to clinical psychology program (2009-2010)

## **SPECIALIZED CLINICAL TRAINING**

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- 5-day Intensive Mindfulness Training and Retreat, University of Washington. Federal Way, WA (08/2015)
- 32-hour DBT Intensive Training, Behavioral Tech, LLC. Princeton, NY (11/2014)
- 32-hour DBT Advanced Intensive Training, Behavioral Tech, LLC. Seattle, WA (9/2014)

## **EDITORIAL BOARD APPOINTMENTS**

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- Professional Psychology: Research and Practice: Consulting Editor (2023-)

## **AD-HOC REVIEWER**

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- Multiple Sclerosis Journal
- The Journal of Clinical Psychology in Medical Settings
- Canadian Journal of Behavioural Science
- Cognitive Therapy and Research

## **PROFESSIONAL AFFILIATIONS**

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- Society for a Science of Clinical Psychology (SSCP, APA - Division 12, Section III)
- Association for Behavioral and Cognitive Therapy (ABCT)
- Association for Psychological Science (APS) - past
- American Psychological Association (APA) - past
- Society of the Teaching of Psychology (STP, APA - Division 2) - past
- Society for Implementation Research Collaboration (SIRC) - past
- Society for Light Treatment and Biological Rhythms (SLTBR) - past