Erin Hill, M.S.
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**Education**

**University of Maryland, College Park** Fall 2020 – Spring 2026

Doctoral Program, Counseling Psychology GPA: 4.0

The Graduate School Flagship Fellowship Recipient

Proposed Dissertation: *Just Not Home: Undergraduate Women’s Grief Reactions after Parental Divorce* (in progress)

Defended Master’s Thesis: *Disenfranchised Victims of the Opioid Epidemic: Predicting Grief and Growth after an Opioid-Related Loss*

**University of Maryland, College Park** December 2019

Bachelor of Science, Psychology, *summa cum laude* GPA: 4.0

Honors Thesis: *Evaluating an Online Intervention to Enhance Knowledge, Confidence and Skills in Undergraduate Students’ Responses to Bereaved Peers*

Minor: Creative Writing

**Grants, Awards and Scholarships**

College of Behavioral and Social Science Dean’s Research Initiative Funding (*for Dissertation*) 2024

3 Minute Thesis Competition – Winner, Campus-level Competition 2024

3 Minute Thesis Competition – Top Competitor, UMD BSOS/ARHU College Division 2024

The Graduate School Summer Internship Fellowship 2024

George M. Phillips Award for Graduate Research in the Public Interest Award 2023

The Graduate School Outstanding Teaching Assistant Award 2023

Award from Graduate Office in Psychology (*for Master’s Thesis*) 2021

College of Behavioral and Social Science Dean’s Research Initiative Funding (*for Master’s Thesis*) 2021

Dr. Bruce Fretz Memorial Endowment Fund (*for Master’s Thesis)* 2021

Michael Patrick Kelley Award *(for Master’s Thesis)* 2021

Association for Death Education and Counseling Student Scholarship 2021

University of Maryland Graduate School Flagship Fellowship 2020 –2026

University of Maryland Psychology Undergraduate Research Fair, Bronze Award 2020

University of Maryland Psychology Department Harper Award for Excellence in Psychology 2020

Do Good Graduate Award 2019

University of Maryland Summer Scholars Grant Recipient 2019

University Counseling Center Award for Student Wellness and Mental Health Advocacy 2019

Department of Psychology Undergraduate Scholarship 2019

Irv & Micki Goldstein Scholarship Award for Academic Excellence 2019

University of Maryland Do Good Institute Mini-Grant (*for Honors thesis)*  2019

University of Maryland Honors College Research Grant (*for Honors thesis)* 2019

Jiménez-Porter Literary Prize, *2nd Place in a University of Maryland fiction writing contest* 2019

University of Maryland Do Good Institute Mini-Grant (*on behalf of the Help Center)* 2018

**Honors**

Phi Beta Kappa Honor Society 2019 – Present

College of Behavioral & Social Sciences Student and Donor Recognition Dinner, *Student Speaker* May 2, 2019

Omicron Delta Kappa, National Leadership Honor Society, Sigma Circle 2018 – Present

Psi Chi Honor Society 2018 – Present

University of Maryland Honors College, University Honors Program 2016 – 2019
University of Maryland Department of Psychology Honors Program 2018 – 2019

Distinguished Dean’s List of Outstanding Students 2016 – 2019

Alpha Lambda Delta Honor Society 2016 – 2019

**Clinical Experience**

Cumulative **direct** intervention hours as of Sept 30, 2024: **501**

**Veterans Affairs Medical Center Trauma Services Program** AY 2024/25

Washington, D.C.

Clinical Supervisor: Matthew Dickson, Psy.D.

* Building a caseload of 4 individual weekly clients
* Conducts intake assessment interviews
* Engages in weekly clinical staff meetings
* Receives weekly individual supervision from a licensed psychologist

**Warner Psychology Associates** Summer 2024

Greenbelt, MD

Clinical Supervisors: Beth Warner, Ph.D., Christine Kindler, M.A.

* Provided neuropsychological assessments and diagnostic evaluations
* Received individual supervision from a licensed psychologist and a doctoral psychology intern

**United States Naval Academy Midshipman Development Center Externship** AY 2023/24

Annapolis, MD

Clinical Supervisor: Ann Judge, Ph.D.

* Maintained caseload of 8 individual weekly clients
* Co-led four-session CBT for Insomnia (CBTi) therapy groups
* Conducted intake interviews
* Engaged in weekly group supervision, professional development, and clinical staff meetings
* Received weekly individual supervision from a licensed psychologist
* Aided in mental health outreach to the USNA brigade

**Catholic University of America Psychology Counseling Center Externship** AY 2022/23

Washington, D.C.

Clinical Supervisor: Monroe Rayburn, Ph.D.

* Maintained a caseload of 7 individual weekly clients
* Conducted an intake interview each week
* Engaged in weekly group supervision, professional development, and case conferences
* Received individual supervision from a licensed psychologist
* Aided in mental health outreach to the CUA student community

**Supervision Practicum in Counseling Psychology** Fall 2023

University of Maryland, College Park

* Provided weekly individual supervision to a first-year student in the Counseling Psychology doctoral program at UMD
* Provided weekly live observation of sessions between first-year student and an undergraduate volunteer client
* Received training in supervision-related theory and practice through course content

**Understanding Self and Others Therapy Group, UMD Counseling Center** AY 2022/23

*Co-leader*

University of Maryland, College Park

Co-leader and Clinical Supervisor: Pepper Phillips, Ph.D.

* Co-facilitated a weekly therapy group with up to six clients in a University Counseling Center (extended role from Group Counseling Didactic Practicum, below)
* Aided group members in processing mental health concerns, identifying universality of experience, and providing peer support for one another
* Utilized process-oriented techniques and here-and-now interventions in the style of Irvin Yalom

**Group Counseling Didactic Practicum in Counseling Psychology** Fall 2022

University of Maryland, College Park

* Recruited and screened potential members for an Understanding Self and Others (USO) Therapy Group for Undergraduates, assessed severity of interpersonal concerns as well as goodness of fit with group structure
* Co-led six 1.5-hour group sessions in Fall 2022
* Participated in one half hour of individual supervision per week
* Prepared and executed a group case presentation
* Received training in group counseling theory and practice through course content

**Career Didactic Practicum in Counseling Psychology** Spring 2022

University of Maryland, College Park

* Completed 23 individual in-person therapy hours with five undergraduate and graduate clients in a University Counseling Center setting
* Participated in one hour of individual supervision per week
* Prepared and executed client case presentations
* Received training in career counseling theory and practice through course content

**Advanced Didactic Practicum in Counseling Psychology** Fall 2021

University of Maryland, College Park

* Completed 30 individual in-person therapy hours with five undergraduate and graduate clients in a University Counseling Center setting
* Participated in one hour of individual supervision per week
* Observed three intake sessions completed by staff psychologists
* Prepared and executed client case presentations
* Received advanced training in theory and practice through course content

**Basic Didactic Practicum in Counseling Psychology** Spring 2021

University of Maryland, College Park

* Completed 25 individual virtual therapy hours with three undergraduate clients in a University Counseling Center setting
* Participated in one hour of individual supervision per week
* Received training in completing clinical documentation and session notes in Titanium software
* Reviewed CCAPS assessment measures each session
* Continued to receive training across a variety of theoretical orientations through course content

**Theories and Strategies of Counseling Psychology (Pre-Practicum)**  Fall 2020

University of Maryland, College Park

* Completed 10 individual virtual therapy hours with an undergraduate volunteer client
* Participated in one hour of individual supervision per week
* Aided in case conceptualization with classmates through weekly peer supervision
* Received training in a variety of theoretical orientations through course content

**Publications**

Hill, E. M., An, M., Kivlighan, D. M., Jr., & Gelso, C. J. (2024). A tripartite model of the psychotherapy relationship: Interrelations among its components and their unfolding across sessions. *Psychotherapy*. Advance online publication. <https://doi.org/10.1037/pst0000521>

Hill, E. M., & O’Brien, K. M. (2024). Forever changed: Predicting grief and growth after an opioid-related loss. *The Counseling Psychologist*, *52*(2), 193-223. <https://doi.org/10.1177/00110000231206849>

O’Brien, K.M., Cannon, G., Stearns, A.K., Walsh, C., Hill, E. M. (2022). “I’m not alone”: A group intervention for grieving children. *Journal of Prevention and Health Promotion*. <https://doi.org/10.1177/26320770221098730>

Hill, E. M., & O’Brien, K. M. (2021). Improving undergraduate students’ responses to bereaved peers: An innovative online intervention. *Journal of Prevention and Health Promotion*. <https://doi.org/10.1177/26320770211014066>

**Scientific Communication**

Franco, M., & Hill, E. (2020, April 30). *How to help our friends grieve.* Psychology Today. <https://www.psychologytoday.com/us/blog/platonic-love/202004/how-help-our-friends-grieve>

* Featured as an “Essential Topic” on Psychology Today’s home page.

**Talk Presentations**

Cannon, G., O’Brien, K.M., Stearns, A.K., Walsh, C., Hill, E.M. (2021, November) *Good Grief Clubs: Peer Support Groups Helping Grieving Children and Youth.* Presentation at the 2021 Hospice & Palliative Care Network Virtual Annual Conference.

O’Brien, K.M., Hill, E.M. (2021, September) *“I’m Not Alone”: Evaluating a Group Intervention for Children.* Requested presentation for the CaringMatters Board of Directors Meeting.

**Poster Presentations**

1. Hill, E. M., An, M., Kivlighan, D. M., Jr., & Gelso, C. J. (2024, August). *A tripartite model of the psychotherapy relationship: Interrelations among components over time.* Poster to be presented at the annual convention of the American Psychological Association, Seattle, WA.
2. O’Brien, K. M. et al. (2024, August). *We published, now what?: Educating psychology students in best practices for research dissemination*. Poster to be presented at the annual convention of the American Psychological Association, Seattle, WA.
3. Hill, E. M., O’Brien, K.M, Parker, A.G., Carroll, K., & English, A. (2023, August). *“Losing a piece of myself”: A qualitative exploration of bereavement after an opioid-related death.* Poster presented at the annual convention of the American Psychological Association, Division 17 Meeting Student Poster Session, Washington, D.C.
4. Cotter, M., Mendoza, A., Patel, P., Parker, A., Wood, K., Skinner, K., Styliadis, A., English, A., Carroll, K., Yang, N., Hill, E., Trovato, K.,& O'Brien, K. (2023, April). *Adventures in Qualitative Research.* Poster presented at annual Department of Psychology Undergraduate Research Day, College Park, MD.
5. Hill, E., & O’Brien, K.M. (2022, August). *Disenfranchised victims of the opioid epidemic: Predicting grief & growth after opioid-related loss.* Poster presented at the annual convention of the American Psychological Association, Minneapolis, MN.
6. O’Brien, K.M., Trovato, K.J., Harris, M.G., Serrano, S.M., Ngum, S.M., Hill, E., & Salahuddin, N.M. (2022, August). *Transforming our future: An evaluation of the Psychology Research Empowerment Program.* Poster presented at the annual convention of the American Psychological Association, Minneapolis, MN.
7. Hill, E., O’Brien, K.M, Cannon, G., Stearns, A., Walsh, C., Ashai, S., Harris, M., Trovato, K. (2022, April). *“Five Deep Breaths”: Helping Children Learn to Cope with Grief.* Poster presented at the 42nd annual Association for Death Education and Counseling Conference, St. Louis, MO.
8. O’Brien, K.M., Cannon, G., Stearns, A.K., Walsh, C., Hill, E.M., Ashai, S., Cooper, D., Harris, M., Herman, M., & Trovato, K. (2021, August). *"I’m not alone": Evaluating the efficacy of an innovative group intervention for grieving children.* Poster presented at the American Psychological Association convention, Online.
9. O’Brien, K., Yang, N., Jankauskaite, G., Herman, M., Hill, E., Lipp, N., Ashai, S., & Khibovska, A. (2021, August). *Listening to women caregivers: Occupational and economic challenges.* Poster presented at the American Psychological Association convention, Online.
10. Hill, E., O’Brien, K.M, Ashai, S., Herman, M., Khibovska, A. Lang, J., Dua, V., & Widmer, A. (2021, April). *I’m sorry for your loss: Undergraduate responses to grieving peers.* Poster presented at the 41st annual Association for Death Education and Counseling Conference, Online.
11. Hill, E., O’Brien, K.M., Herman, M., Khibovska, A. & Ashai, S. (2020, August). *Enhancing Undergraduate Students’ Responses to Bereaved Peers: An Innovative Online Intervention.* Poster presented at the American Psychological Association convention, Online.
12. Hill, E., O’Brien, K.M., Herman, M., Khibovska, A. & Ashai, S. (2020, April). *Enhancing Undergraduate Students’ Responses to Bereaved Peers: An Innovative Online Intervention.* Poster presented at annual Department of Psychology Undergraduate Research Day, College Park, MD.

*Awarded:* PSYC Undergraduate Research Day Outstanding Poster, Bronze Award

1. O’Brien, K.M., Jankauskaite, G., Yang, N., Khibovska, A., Hill, E., Lipp, N., Ashai, S., & Herman, M. (2019, August). *Improving the teaching of end-of-life communication skills: A call to counseling psychologists.* Poster presented at the American Psychological Association convention, Chicago, IL.
2. O’Brien, K.M., Jankauskaite, G., Parent, M., Ashai, S., Curry-Bridges, Z., Hill, E., Johnson, A., Khibovska, A., & Lipp, N. (2018, April). *Best practices for teaching end of life communication skills.* Poster presented at the 40th annual Association for Death Education and Counseling Conference, Pittsburgh, PA.
3. O’Brien, K.M., Jankauskaite, G., Parent, M., Ashai, S., Curry-Bridges, Z., Hill, E., Johnson, A., Khibovska, A., & Lipp, N. (2018, April). *Best practices for teaching end of life communication skills.* Poster presented at annual Department of Psychology Undergraduate Research Day, College Park, MD.

*Awarded:* PSYC Undergraduate Research Day Outstanding Poster, People’s Choice Award

**Research Experience**

**Counseling Psychology Research Center** Faculty Mentor:Karen M. O’Brien, Ph.D.

*Research Team Member* January 2018 - Present

* Participates in bi-weekly meetings with graduate and undergraduate students
* Engages with the research process, from project conceptualization to manuscript publication
* Provides mentorship to undergraduate psychology student lab members
* Aids in other tasks, such as transcription and measures evaluation, for undergraduate and graduate student theses and dissertations

**University of Maryland Counseling Center Research Unit** Supervisor:Yu-Wei Wang, Ph.D.

*Statistical Data Assistant* January 2020 – June 2020

* Reviewed and revised manuscripts about student social media use as assessed by the 2017 and 2018 University of Maryland New Student Censuses
* Provided feedback on development of Counseling Center student resource directories
* Aided in qualitative and quantitative analysis of Winter New Student Census beginning in February 2020 and scale development for future student censuses

**Honors Thesis Research** Faculty Mentor:Karen M. O’Brien, Ph.D.

*Principal Investigator* May 2018 – December 2019

* Conducted an undergraduate thesis testing an online intervention to improve knowledge, confidence, and skills related to undergraduate responses to bereaved peers
* Created an animated online video intervention to educate undergraduates how to communicate with grieving peers
* Completed a literature review, collected survey responses (*N* = 231), and analyzed data using SPSS to compare differences between three experimental groups
* Awarded High Honors after proposal and defense of thesis to a committee of three UMD psychology faculty members

**Independent Research** Faculty Mentor:Charles Gelso, Ph.D.

*Research Assistant* January 2017 – August 2024

* Aided in data coding and editing multiple articles and meta-analyses about relationships between therapist countertransference, treatment outcome, and countertransference management
* Edited and provided feedback for a book prior to publication: *The Therapeutic Relationship in Psychotherapy Practice: An Integrative Perspective* by Dr. Gelso, published by Routledge in 2018
* Aided in literature searches on outcomes of long-term therapeutic relationships and preparation of manuscripts for publication

**Comprehensive Assessment and Intervention Program** Faculty Mentor:Andres De Los Reyes, Ph.D.

*Research Assistant* October 2017 – August 2018

* Aided data collection for a double-blind study on social anxiety in adolescents, parent relationships, and the psychometric validity of related measures
* Acted as a confederate, wrangler, and camera-operator to ensure standardization and efficient communication with participants
* Collected physiological data from participants, including ECG, skin conductance, and respiration

**Teaching Experience**

**PSYC432: Counseling Psychology: Theories, Research and Practice**

*Instructor of Record* Fall 2023, Spring 2024, Fall 2024

* Lectures and facilitates class discussion during class 2x/week
* Coordinates grading of assignments for 75 students
* Supervises a graduate Teaching Assistants and a volunteer undergraduate Teaching Assistant
* Support and collaborate with students facing barriers to academic success

**PSYC432: Counseling Psychology: Theories, Research and Practice**

*Graduate Teaching Assistant*Course Professors: Nazish Salahuddin, Ph.D., Monica Kearney, Ph.D.

 Fall 2020, Winter 2021, Summer 2021, Fall 2021, Winter 2022, Fall 2022, Winter 2023, Spring 2023

* Aided course instructor in lecturing, creating course content and identifying relevant curriculum materials
* Graded assignments for up to 75 students during Fall and Spring semesters
* Supervised one to three undergraduate Teaching Assistants per semester
* Communicated course policies to students and acted as a liaison between students and instructor

**PSYC346: Death, Dying, and Bereavement: What Future Healthcare Professionals Need to Know**

*Graduate Teaching Assistant*Course Professor: Karen O’Brien, Ph.D

* Graded assignments for 17 students Summer 2022, Summer 2023
* Provided detailed feedback for student roleplay assignments in which students utilized end-of-life communication models (e.g. the SPIKES model; Baile et al., 2000)
* Communicated course policies to students and acted as a liaison between students and course professor

**PSYC336: Psychology of Women** Course Professor: Monica Kearney, Ph.D

*Graduate Teaching Assistant* Spring 2022

* Aided course instructor in lecturing, and creating course content
* Graded assignments for 26 students
* Supervised three undergraduate Teaching Assistants
* Communicated course policies to students and acted as a liaison between students and course professor

**PSYC433: Basic Helping Skills** Course Professor: Jonathan Mohr, Ph.D., Judy Gerstenblith, M.S.

*Graduate Teaching Assistant* Spring 2021, Summer 2021

* Lead two to three weekly two-hour lab sections for ~12 students each, facilitating and demonstrating practice of basic helping skills
* Graded major assignments for 36 students during spring and 15 during summer
* Supervised three undergraduate Teaching Assistants
* Communicated course policies to students and acted as a liaison between students and course professor

**PSYC303: Professional Development for Psychology Majors** Course Professor: Kevin McGann, Ph.D.

*Undergraduate Teaching Assistant* Fall 2018

* Aided course instructor in grading, course organization, and communication with students
* Provided feedback and support for students regarding their professional development, including CVs, networking, interview skills, and graduate school planning

**Academic Achievement Programs** Course Instructor: Ryan Curtis, Ph.D.

*Supplemental Instruction Leader for PSYC100* Fall 2017, Spring 2018

* Led biweekly supplemental instruction sessions for a group of largely Pell Grant-eligible and first-generation UMD students
* Created syllabi and biweekly lesson plans aimed toward mastery of difficult course content
* Tracked student progress and assigned graded homework based on the PSYC100 curriculum
* Met weekly to discuss difficult concepts and ways to communicate course expectations

**Counseling-Related Experience**

**University of Maryland Help Center** (Peer Counseling and Crisis Intervention Hotline)

*Peer Counselor* October 2016 – December 2019

*Executive Administrator* May 2018 – May 2019

* Collaborated with and reported to Dr. Sharon Kirkland-Gordon, Director of the UMD Counseling Center, to ensure utilization of best practices in short-term peer counseling service to student populations
* Oversaw Help Center Executive Board and counselors within the organization
* Facilitated organization-wide training events, led general body meetings, and communicated policy changes to counselors and trainees
* Implemented procedural changes and training programs on suicide for counselors and trainers
* Created a training video series on phone-based crisis counseling for use by trainees and counselors
* Interviewed and trained new members from 100+ applicants

**Homeless Children’s Playtime Project** Washington D.C.

*Volunteer* January 2019 – May 2019

* Provided trauma-informed play to 40 children experiencing homelessness living in an overflow shelter
* Debriefed with volunteers, reported concerning behavior to coordinators, facilitated crafts and group play
* Attended training sessions and engaged in class discussion about the interactions of poverty, violence, child development, and multiculturalism

**Kennedy Krieger Institute, Behavior Management Clinic** Odenton, MD

*Practicum Intern* May 2017 – August 2017

* Scored behavioral intake measures, Including Beck’s Depression Inventory, Behavior Assessment System for Children, Eyberg Child Behavior Inventory, Parenting Stress Index, Social Skills Improvement System
* Observed behavioral therapy sessions, aided clinicians by participating in therapy sessions as needed
* Helped clinicians to facilitate a weekly Resilience Builders Social Skills Group for attendees aged 7 to 12

**Other Experience**

**PsycTherapy Video Review,** American Psychological Association January 2023

*Contractor*

* Reviewed psychotherapy video demonstrations
* Generated metadata, indexing and abstracting for identification of educational therapy content
* Segmented videos into chapters guided by timing important clinical events

**Department of Psychology,** University of Maryland

*Undergraduate/Graduate Program Manager* August 2018 – May 2021, May 2023 – August 2023

* Help to facilitate departmental events, such as Welcome to PSYC Day, PSYC Research Day, PSYC Networking night
* Provide support to advisors via creating programming, materials, and resources
* Aid department in administrative tasks such as grading exams and directing students to resources
* Trained seven Undergraduate Program Managers in grading exams, leading workshops, and completing administrative tasks

**Department of Psychology Undergraduate Committee,** University of Maryland

*Student Representative* January 2018 – December 2019

* Provided input and feedback during monthly meetings about the culture and departmental goals
* Collaborated with faculty representatives to make improvements to curricula of the Psychology Major

**Do Good Challenge,** University of Maryland

*Finalist on Behalf of Help Center* March 2019 – April 2019

* Submitted proposal for outreach-focused funding for a peer counseling and crisis intervention hotline
* Selected as one of 14 semi-finalists from over 95 student advocacy groups
* Presented a grant proposal to a panel of faculty and community members

**Title IX Student Advisory Board,** University of Maryland

*Student Representative* September 2017 – May 2018

* Acted as a liaison between student groups at the University of Maryland UMD, such as the UMD Help Center and the Title IX office, to improve transparency and efficiency of the office as well as student perceptions of reporting processes
* Conceptualized improvements to anti-sexual assault campaigns on campus and the bi-annual campus climate survey as facilitated by the Title IX office

**The Honors College,** University of Maryland

*Peer Mentor* Fall 2017, Fall 2018

* Mentored first year University Honors students regarding barriers to academic success, professional development, and personal concerns

**The Diamondback,**

*Opinion Columnist*January 2017 – September 2017

* Wrote weekly Opinion Articles for the student newspaper
* Developed research skills and critiqued the current state of affairs in pop culture and politics
* Articles can be found at *dbknews.com/author/hille/*

**Professional Affiliations**

American Psychological Association, Division 17, *Graduate* *Student Member*

American Psychological Association, Division 29, *Graduate* *Student Member*

Association of Psychological Science*, Graduate Student Member*

**Special Skills**

* Trained in Child-Directed Interaction of Parent-Child Interaction Therapy, Kennedy Krieger Institute
* Experienced in transcription and behavioral video coding
* R Statistics Software, SPSS & JASP Statistics Software, MS Word, MS Excel, MS PowerPoint, Qualtrics Survey Software, Titanium EMR Schedule Software