
Kasey Schuchardt
Email: Kschuch@umd.edu

Education:

Ph.D. Clinical Psychology, Expected May 2029
University of Maryland, College Park MD
Advisor and PI: Jack Blanchard, Ph.D.

M.A. Experimental Psychology, May 2024
Towson University, Baltimore MD
Advisor: Matthew P. Mychailyszyn, Ph.D.
Thesis: *Cognitive Behavioral Therapy and its Effectiveness on Positive Schizophrenia Symptoms: A Meta-Analysis*
First Year Project: *Attitudes and Perceptions of Concussions and Concussion Help-Seeking*
GPA: 3.91

B.A. Psychology, May 2022
Shippensburg University, Shippensburg, PA
Advisors: Amber Norwood, Ph.D., Toro Sato, Ph.D.
Thesis: *Undergraduate Student Athletes: Stigma, Help-seeking Tendencies, and Mental Health Knowledge*
GPA: 3.82/Major:4.0

Honors:

2024	Research Assistantship with Partial Remission	Towson University
2023	Graduate Assistantship with full Tuition Remission	Towson University
2022	Summa Cum Laude	Shippensburg University
2022	Aberman Leadership and Psychology Department Service Award	Shippensburg University
2021	Shippensburg University, Summer Undergraduate Research Experience (SURE) Grant	Shippensburg University
2020-2022	Psychology Honors Program, Graduate	Shippensburg University
2020-2022	Psi Chi – The National Honor Society for Psychology	Shippensburg University
2020-2022	IWLCA Academic Honor Roll	Shippensburg University
2019-2022	Phi Sigma Pi National Honors Fraternity	Shippensburg University
2019-2022	Tau Kappa National Honors Athletic Sorority	Shippensburg University
2018-2022	Woods Honor College, Graduate	Shippensburg University
2018-2022	Dean's List	Shippensburg University
2018-2022	PSAC Scholar Athlete	Shippensburg University

Manuscripts in Preparation:

Schuchardt, K., & Mychailyszyn, M., Ph.D. (Supervisor). *Attitudes and Perceptions of Concussions and Concussion Help-Seeking.* In peer review.

Schuchardt, K., & Norwood, A., Ph.D. (Supervisor). *Undergraduate College Student Athletes: Understanding Stigma, Help-Seeking Behaviors, and Mental Health Knowledge. In preparation.*

Schuchardt, K., & Mychailyszyn, M., Ph.D. (Supervisor) *Cognitive Behavioral Therapy and its Effectiveness on Positive Schizophrenia Symptoms: A Meta-Analysis. In preparation.*

Conference Papers and Presentations:

Schuchardt, K., Kuhn, E., & Norwood, A., Ph.D. (Supervisor). (Spring 2023) *Undergraduate College Student Athletes: Understanding Stigma, Help-Seeking Behaviors, and Mental Health Knowledge. Psi Chi poster session, Eastern Psychological Association Conference, (Boston).*

Schuchardt, K., & Mychailyszyn, M., Ph.D. (Supervisor). (Spring 2023) *Attitudes and Perceptions of Concussions and Concussion Help-seeking. TU Research and Creative Inquiry Forum, (Towson).*

Bennett, S., Alderite, M., Cudek, J., **Schuchardt, K.**, McGinley, J., Ph.D., Weidler, B., Ph.D. (Spring 2023) *Automated Symbolic Orienting Revisited: Do Nonpredictive Words Elicit the Same Effect? TU Research and Creative Inquiry Forum, (Towson).*

Peterson, S., **Schuchardt, K.**, & Norwood, A., Ph.D. (Supervisor). (Spring 2022) *Depression Perceptions: Depressive Disorder Diagnostic Process and Treatment Among Undergraduate Students. Undergraduate poster session, Eastern Psychological Association Conference, (New York).*

Schuchardt, K., Rodriguez, L. M., Bell, T., Peterson, S., & Norwood, A., Ph.D. (Supervisor). (Spring 2021) *Nicotine Vaping in Undergraduate Students: Frequency, Dependency, and Desire to Quit. Undergraduate poster session, Eastern Psychological Association Conference, (virtual).*

Peterson, S., Bell, T., **Schuchardt, K.**, Rodriguez, L. M., Norwood, A. (Supervisor). (Spring 2021). *Depression Perceptions in Undergraduate Students. Undergraduate poster session, Eastern Psychological Association Conference, (virtual).*

Research Experience:

Spring 2023 **Towson University, Experimental Psychology**

- Spring 2024 *Researcher, Thesis Project*

Advisor: Matthew P. Mychailyszyn, Ph.D.

Thesis: Cognitive Behavioral Therapy and its Effectiveness on Positive Schizophrenia Symptoms: A Meta-Analysis

- *Proposed hypothesis & Conducted literature search*
- *Created inclusion/exclusion criteria & Developed expertise in Zotero and Rayyan*
- *Performed meta-analysis*
- *Defended thesis*

Fall 2022 *Researcher, First Year Project*

- Spring 2023 *Advisor: Matthew P. Mychailyszyn, Ph.D.*

Project: Attitudes and Perceptions of Concussions and Concussion Help-seeking

- *Developed IRB proposal*
- *Proposed hypotheses & Conducted extensive literature review*
- *Developed vignettes to test hypotheses*
- *Conducted multiple research information sessions to encourage undergraduate participation in study*
- *Performed data collection & Analyzed data in SPSS*
- *Presented primary findings at TU Research and Creative Inquiry Forum*

August 2023
- May 2024

Towson University Psychology Department: Virtual Reality Lab

Lab Manager & Research Assistant

Supervisor: Jan Sinnott, Ph.D.

Responsibilities:

- *Mentor undergraduate students through experimental design process & Assist undergraduate students in preparing a poster for the Eastern Psychological Association conference*
- *Assisted poster development for TU Inquiry and Development Poster Session*
- *Edit, review, and assist in proposal development*
- *Conduct weekly meetings & Delegate roles and responsibilities*
- *Manage expectations and requirements of the experiment*

Fall 2022-

Towson University Psychology Department: Cognition Reactive and Affective Biopsychology Lab (CRAB)

May 2024

Research Assistant

Supervisor: Jared McGinley, Ph.D., Blair Weidler, Ph.D.

Responsibilities:

- *Administering eye tracking software experiment to program participants*
- *Administering EKG software experiment to program participants*
- *Run BioPac software programs*
- *Clean up and analyze data using AcqKnowledge and additional software*

May 2023

University of Maryland Medical Center Child and Adolescent Psychiatry Lab

- February 2024 Research Assistant

Supervisor: Sarah M. Edwards, DO

Responsibilities:

- *Analyze archival data of two patient situations to provide results for studies:*
 - *outpatient psychiatric visits*
 - *re-integration of patients into school post psychiatric care visits*

Shippensburg University, Psychology Department

Spring 2021

Researcher, Senior Thesis

- Spring 2022

Advisor: Amber Norwood, Ph.D.

Thesis: *Undergraduate Student Athletes: Stigma, Help-Seeking Tendencies, and Mental Health Knowledge*

- *Created IRB proposal*
- *Developed hypotheses & Completed extensive literature reviews*

- *Developed and awarded grant for the thesis*
- *Collected and analyzed data in SPSS*
- *Wrote and defended thesis*

Fall 2020 **Perception Studies Lab**
 - Spring 2021 Research Assistant
 Supervisor: Amber Norwood, Ph.D.

Responsibilities:

- *Assisted in research of two clinical psychology studies:*
 - *Nicotine Vaping in Undergraduate Students: Frequency, Dependency, and Desire to Quit.*
 - *Depression Perceptions in Undergraduate Students.*
- *Analyzed archival data in SPSS, determined frequencies and correlations with aim to replicate previous results and expand on them*
- *Recruited participants, collected results, assisted with writing documents*

Clinical Work Experience:

Sept 2022 **University of Maryland Medical Center, Baltimore, MD**
 - Feb 2024 Behavioral Health Associate, Child and Adolescent Psychiatric Unit

- *Performed care functions to patients age 5-17 years old with acute, diverse psychiatric needs*
- *Prepared, organized, and led psycho-educational groups for patients from an Attachment, Regulation, and Competency (ARC) framework*
- *Maintained a safe environment while contributing to patient growth, care, and wellness*
- *Provided insight on patients and their therapeutic treatment on EPIC care system*
- *Prepared a proposal for the integration of high interest low level books (Hi-Lo Books) for patients with learning disabilities*

Summer 2021 **Key Point Mental Health Outreach Program, Catonsville, MD**
 Intern, Outpatient Health Program

- *Developed and presented life skills classes and informational sessions to clients with severe mental illnesses*
- *Performed administrative tasks – client files, intake forms, used the internal system to track patients progress and behaviors during groups*
- *Observed counseling sessions and crisis intervention*
- *Developed lesson plans, researched activities, and provided support to clinic-hosted events*

Teaching Experience:

2021-2022 **Shippensburg University, Psychology Department**
 Tutor - Research Design and Statistics (PSY-105 & PSY-205)

- *Provided individual and group tutoring opportunities*
- *Conducted study sessions and exam reviews*
- *Created and provided extra materials and examples*

Fall 2020 *Teaching Assistant - Abnormal Psychology (PSY-330)*

- *Provided in class assistance*
- *Tutored individual students*
- *Held study sessions and exam reviews*
- *Assisted with creating lessons*

General Work Experience:

August 2023 **Towson University: University Advancement, Towson, MD**

- May 2024 *Graduate Assistant: Donor Engagement and Communication*

- *Maryland Charity Campaign Coordinator*
- *Create new engagement events and activities to increase university giving*
- *Increase current student and alumni awareness and methods of giving opportunities*
- *Speak with alumni and constituents to understand donor motivation and provide meaningful giving campaigns that better serve the university*
- *Act as an ambassador between students, donors, and the University Advancement Office*

Fall 2022 **Skywalkers Lacrosse Club, Timonium, MD**

- Present *Head Coach, 2031 Team*

- *Created and implement practice plans*
- *Provide support to girls physical and mental development in the sport of lacrosse*
- *Communicate with parents*
- *Continually provide guidance, leadership, and mentorship both on and off field, to ensure the girls perform at their peak*

Leadership Experience:

2020-2022 *President, Psi Chi National Psychology Honors Fraternity, Shippensburg University*

2021-2022 *Parliamentarian, Phi Sigma Pi National Honors Fraternity, Omicron Chapter*

2020-2021 *Secretary, Phi Sigma Pi National Honors Fraternity, Omicron Chapter*

Community and Student Involvement:

2018-2022 *Shippensburg Women's Varsity Lacrosse, Scholarship Team Member*

2019-2022 *Tau Kappa Athletic Honors Sorority, Member*

2020 – present *Eastern Psychological Association, Student Member*

Relevant Skills:

SPSS & JASP data analysis software

AcqKnowledge software

Zotero and organizational software

CITI researcher training (Social/Behavioral)

Literature review searches: Psych Info, ResearchGate

BioPac

Eye Tracking Software

Microsoft Office